

# PERFORMANCE SOCCER TRAINING, LLC



www.myPST.net | 201.345.1414

## Free Week of Soccer Clinics (July 6 - 9)

Location: NJ Home Field Advantage (50 Spring St., Ramsey, NJ)

<b>PRESCHOOL</b> ages 3-5	<b>PRE PLAY</b> ages 6-7	<b>FOOTWORK</b> ages 8-14	<b>STRIKER</b> ages 8-14	<b>GOALKEEPER</b> ages 8-14	<b>CONDITIONING</b> ages 8-14
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FREE WEEK		Monday, July 6	Tuesday, July 7	Wednesday, July 8	Thursday, July 9
4:00pm - 5:00pm	Turf 1	<b>PRESCHOOL SOCCER</b> ages 4-5	<b>GOALKEEPER</b> boys 8-10	<b>PRESCHOOL SOCCER</b> ages 3-4	<b>PRE PLAY SOCCER</b> ages 6-7
4:00pm - 5:00pm	Turf 2	<b>PRE PLAY</b> ages 6-7	<b>SOCCER CONDITIONING</b> ages 11-14	<b>PRESCHOOL SOCCER</b> ages 4-5	<b>SOCCER CONDITIONING</b> boys 8-10
5:00pm - 6:00pm	Turf 1	<b>STRIKER</b> girls 9-10	<b>SOCCER CONDITIONING</b> girls 8-10	<b>GOALKEEPER</b> girls 8-10	<b>FOOTWORK</b> girls 9-10
5:00pm - 6:00pm	Turf 2	<b>FOOTWORK</b> boys 8-9	<b>GOALKEEPER</b> boys 11-14	<b>STRIKER</b> boys 8-9	<b>SOCCER CONDITIONING</b> girls 8-10
6:00pm - 7:00pm	Turf 1	<b>FOOTWORK</b> girls 8-9	<b>STRIKER</b> girls 8-9	<b>GOALKEEPER</b> girls 11-14	<b>STRIKER</b> boys 9-10
6:00pm - 7:00pm	Turf 2	<b>FOOTWORK</b> girls 8-10	<b>FOOTWORK</b> boys 9-10	<b>PRIZE LESSON</b>	<b>SOCCER CONDITIONING</b> ages 11-14
7:00pm - 8:00pm	Turf 1	<b>STRIKER</b> girls 13-14	<b>FOOTWORK</b> girls 11-12	<b>FOOTWORK</b> girls 13-14	<b>STRIKER</b> girls 11-12
7:00pm - 8:00pm	Turf 2	<b>FOOTWORK</b> boys 11-12	<b>STRIKER</b> boys 13-14	<b>STRIKER</b> boys 11-12	<b>FOOTWORK</b> boys 13-14

**\*Sessions are capped at a maximum of 10 participants. First Come - First Served**  
Register online at [www.myPST.net](http://www.myPST.net)